

Centre \_\_\_\_\_

Child's Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Telephone \_\_\_\_\_

**Age Group:**

- Infant
- Toddler
- Preschool
- Kinder
- School

**Enrollment:**

- Mon  AM
- Tues  Lunch
- Wed  PM
- Thurs
- Fri

Staff Contact \_\_\_\_\_

- Add** this child's allergies and food restrictions
- Update** this child's allergies and food restrictions
- Remove** this child's allergies and food restrictions.

Date Form Submitted \_\_\_\_\_

Desired Effective Date \_\_\_\_\_

**Did you know?** Children often outgrow food allergies & intolerances! To ensure your child's diet has excellent variety, we recommend that he/she see a doctor regularly to be retested for allergies and intolerances. **Date of Last Allergy Test** \_\_\_\_\_

**The Real Food Promise.** All of our food is made with 100% natural ingredients and is peanut and tree nut-free. Our menu is free of artificial trans-fats, artificial colouring, chemical preservatives, genetically engineered ingredients and excess salt and sugar. We do not serve pork or shellfish.

## Allergies and Dietary Restrictions

- No Beef**
- No Poultry**
- No Fish**
- No Gluten**
- No Wheat**
- No Oats**

**Eggs**

- No whole servings of eggs
- No recipes containing eggs
- Nothing labelled 'May Contain Eggs'

**Soy**

- No whole servings of soy
- No recipes containing soy ingredients
- Nothing labelled 'May Contain Soy'

**Milk**

- No milk to drink
- No recipes with lots of milk
- No recipes with milk baked in

**Cheese**

- No whole servings of cheese
- No recipes containing cheese


**Yogurt**

- No whole servings of yogurt
- No recipes containing yogurt

**Butter**

- No recipes containing butter

**Other** \_\_\_\_\_

 **Risk of Anaphylaxis**

**Allergen:** \_\_\_\_\_  
 If consumed     If touched     If inhaled

**Allergen:** \_\_\_\_\_  
 If consumed     If touched     If inhaled

**Allergen:** \_\_\_\_\_  
 If consumed     If touched     If inhaled

While RFRK carefully follows strict allergy-safe procedures, we cannot guarantee that any food item has not come into contact with any allergen. Please sign here to indicate that you have read *RFRK Allergy Policies & Procedures* and assume the risks associated with accommodating this child's allergies.

Director Name: \_\_\_\_\_

Director Signature: \_\_\_\_\_

Please contact us if you do not receive confirmation that we have received this form **within 24 hours** of submitting it to our office.